

Pastas & Salads

MEATBALL LINGUINE	£11.95
Linguine pasta and meatballs cooked in tomato sauce served with parmesan.	
CHICKEN CEASER SALAD	£11.95
Classic Ceaser Salad served with grilled chicken and bacon.	
CHICKEN AND MUSHROOM PASTA	£10.95
Penne pasta with chicken and mushroom cooked in cream sauce.	
AEGEAN PASTA SALAD	£10.95
Traditional Greek salad with feta cheese, olives, seasonal greens and penne pasta. Add the following: Sea Bass Fillet £3.00 - Chicken £1.00 - Prawns £2.00 - Halloumi £1.00	
MIXED SEA FOOD LINGUINE	£13.95
Linguine pasta with mixed sea food cooked in napolitana sauce.	

Main Courses

TRIO GOURMET BEEF BURGER WITH CAPER REMOULADE	£13.95
8oz Beef burger, cheddar cheese and crispy bacon served with side salad and fries.	
TRIO CHICKEN FILLET BURGER WITH CAPER REMOULADE	£12.95
Grilled chicken fillet, cheddar cheese and crispy bacon served with side salad and skinny fries.	
PAN FRIED SEABASS	£17.95
Two whole seabass fillets served with seasonal vegetables in lemon butter sauce.	
HALLICARNASSUS SPECIAL	£16.95
Marinated strips of beef served with French fries, garlic yoghurt and smoked paprika.	
HUNKAR BEY	£15.95
Slow cooked lamb served on a bed of grilled hot aubergine with bechamel sauce.	

   Trio_MezzeTapasBar
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Trio Mezze and Tapas Bar Ltd | 5 Whip-Ma-Whop-Ma-Gate | York | YO1 8BL

Do you have any allergies? Please ask our staff which items are suitable before you order.
Please note - we cannot guarantee our dishes are nut free, due to nuts being present in our preparation areas.

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FOOD MENU



Tapas

HUMOUS WITH PASTRAMI

Traditional humous served with pan fried pastrami.

PATATAS BRAVAS WITH AIOLI

Spanish potatoes with homemade garlic and saffron mayonnaise.

FRIED PADRON PEPPERS

Delicious battered padron peppers with homemade sauce.

ROASTED AUBERGINE WITH TAHINI

Charcoal roasted aubergine with Turkish tahini sauce.

SOUP OF THE DAY

Please ask your server for today's soup.

POMEGRANATE SALAD WITH WALNUTS (GAVURDAG SALAD)

Classic antiochia salad with pomegranate vinaigrette.

FRESH RICOTTA AND RADISH CROSTINI

Crispy crostini with homemade ricotta.

£4.95 EACH

GARLIC SHRIMP

Fresh, juicy jumbo shrimp with garlic and parsley.

FAVA BEAN PASTE WITH GREEK CHEESE

Greek style fava mixed with Greek feta.

ARTICHOKE AND SPINACH DIP

Artichoke and spinach with mozzarella and cream.

OLIVE TAPANADE BRUSCHETTAS

Grilled homemade bread with olive paste and anchovies.

GRILLED HALLOUMI WITH CILBIR

Poached eggs, grilled halloumi and yoghurt sauce.

MEATBALLS

Served in marinara sauce.

SHRIMP DYNAMITE

Special battered shrimp with sweet chilli mayonnaise.

GILDA

Created over 60 years ago in St Sebastian, anchovy fillets with green olives.

PRAWN GRATIN

Freshly peeled prawns cooked in tomato and pepper sauce, topped with mozzarella and spices.

AEGEAN SALAD WITH OLIVES, GREEK CHEESE AND SHRIMPS

Garden greens with classic Greek salad.

£5.95 EACH

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Tapas

ARANCINI BALLS

Crispy risotto balls with homemade salsa brava and aioli sauce.

PACANGA WITH PASTRAMI

Turkish style puff pastry with spicy dry meat.

PAN FRIED LIVER WITH ONION SALAD

Delicious, sliced liver with sumac-onion salad.

CREAMY MUSHROOMS

Sauteed mushrooms served in creamy garlic sauce with bread.

CALAMARI

Deep fried coated squid rings served with garlic mayonnaise.

£5.95 EACH

Trio Lunch

AVAILABLE MON - SUN from 12.00pm to 4.45pm

GRILLED STEAK SANDWICH

Caramelised onion, melted cheese and mustard sauce, served with chips and seasonal salad.

£7.95

GRILLED CHICKEN WRAP

Charcoal roasted aubergine and pickles, served with chips and salad.

£6.95

HALLOUMI & HUMOUS WRAP

Roasted Red Peppers, chips & seasonal salad (V).

£6.95

TRIO BEEF BURGER

6oz Beef Burger served with cheddar cheese, side salad and skinny fries.
Add Bacon £1.00.

£7.95

TRIO CHICKEN BURGER

Grilled chicken fillet served with cheddar cheese, side salad and skinny fries.
Add Bacon £1.00.

£6.95

PULLED LAMB CIABATTA SANDWICH

Slow cooked lamb shoulder served with garlic mayo, chips, and side salad.
Add Cheddar Cheese £1.00.

£7.45

Trio lunch deal

CHOOSE ANY THREE TAPAS FOR £12.95.

Available Monday to Friday 12pm - 4pm.

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